



Spiritual Formation



September 2021- July 2022



A coming together in fortnightly sessions to renew our life in Christ and grow in intimacy with God and each other.

Thursday afternoons 1.15 - 3.15pm via Zoom with at least one opportunity to meet face to face each term.

Christ-centred and Jesus-shaped*

(*A Vision for the Church of England in the 2020s)

What happens in Spiritual Formation sessions?

- We navigate traditional pathways to God and explore ancient Christian wisdoms.
- We search out unexpected places and hidden ways to find God in our 21st century lives.
- We listen to how others have applied their faith - in work, in community and in ministry.
- We walk together sharing our journeys towards God and growing in fellowship.

What topics are covered?

A wide range of fresh topics is introduced each term covering contemporary issues, Christian traditions, and personal stories: anything and everything which connects our lives to God.

Some examples from the 2020-21 programme include: *Black Lives Matter*, *Benedictine Spirituality*, *Spirituality and Business*, *Spirituality and Becoming*.

Our speakers include ordained ministers, writers, scholars, artists, entrepreneurs, psychotherapists, and business leaders.

Who can attend?

Anyone with a heart for the Lord Jesus Christ and a desire to discover him afresh in the busy-ness of their lives.

We positively seek to be ecumenical and welcome people from any Christian denomination, or anyone seeking to explore the truth of Christ, within and beyond the Diocese.

How is Spiritual Formation organised?

- A small group of those trained and experienced in the Art of Spiritual Accompaniment plan and facilitate the sessions.
- An invited speaker leads the sessions.
- Sessions are offered fortnightly via Zoom with one or two coming together meetings each term.
- Participants are welcome to join us for one session, but many attend several or all of the sessions each term.


How are the sessions structured?

This varies depending on how the speaker wants to engage and encourage responses, but generally along these lines.

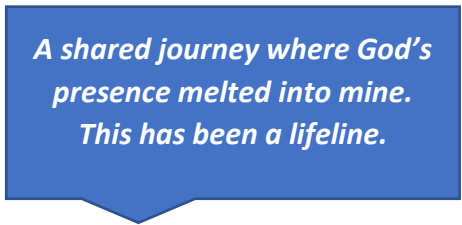
- Stilling exercise (15 min)
- Key input from our main speaker (40 min)
- Workshop or small-group discussion (40 min) Exploring our responses and ways of integrating learning into our lives.
- Feedback (10 mins)
- Closing Prayer (10 min)

Plus notes on each topic, booklists and questions for reflection.

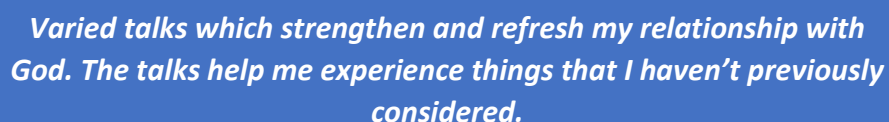
What do people say about Spiritual Formation?



Sources of something deeper and wider: food for thought; not simply recycled ideas.



A shared journey where God's presence melted into mine. This has been a lifeline.



Varied talks which strengthen and refresh my relationship with God. The talks help me experience things that I haven't previously considered.

Dates:**13:00 for a 13.15 start to 15.15****Term 1 (Autumn 2021)**


9 th Sept	Iconography	Rev Susan Mobberley	Zoom
23 rd Sept	Spirituality & Study	Sue Rebis	Coming together
7 th Oct	Meditation and Centring	Rev. Craig Grocock	Zoom
21 st Oct	Spirituality & Study 2	Sue Rebis	Zoom
4 th Nov	Experiencing Faith in Dementia	Tricia Williams	Zoom
18 th Nov	Godly Play	Rev Alison Massey	Coming together
2 nd Dec	Spirituality and Special Needs	Roy McCloughry	Zoom

Term 2 (Winter 2022)

20 th Jan			
3 rd Feb			
17 th Feb	Spirituality and Healing	Linda Stalley	Zoom
3 rd Mar	C. S. Lewis	Paul Edmondson	Zoom
17 th Mar			
31 st Mar	Spiritual Direction and the Ignation Tradition	Joanne Adams	

Term 3 (Spring/Summer 2022)

28 th Apr			
12 th May			
26 th May			
9 th Jun			
23 rd Jun			
7 th Jul			

**Find Out More Here!**

The cost is £5.00 a session or £20.00 a term to include resources provided by the speaker and cover expenses related to any venue hire or other expenses.

If you would like further information about Spiritual Formation, or if you would like to book your place, please email us at passionatespirituality@live.co.uk