### 48 hour working week: employee opt-out agreement

***Note.*** *The agreement to opt out of the 48 hour working week can either apply indefinitely for the whole of the individual’s employment with the organisation, or for a specific period of time. If the employee opts out for a specific period of time, they will have to complete a further agreement to opt out once that period ends, or the limit will apply going forwards. Additionally, either party is required to provide a minimum of seven days’ notice, and a maximum of three months’ notice, to terminate the agreement to opt-out.*

|  |  |
| --- | --- |
| Employee name: |  |
| Job title: |  |

The Working Time Regulations 1998 provide that the average working week, including overtime, shall not exceed 48 hours.

The Company and the employee agree that this limit shall not apply to the employee. This agreement will remain in force indefinitely.

The employee, or the Company, may terminate this agreement at any time by giving not less than three months’ written notice to the other.

**Employee signature:**

**Date:**