

**Spiritual Formation**

**September 2022- June 2023**



A coming together in fortnightly sessions to renew our

life in Christ and grow in intimacy with God and each other.

Thursday afternoons 1.15 - 3.15 pm - either as invited guests to Leasowes Farm, Warwick, **or** on Zoom. Every session will be a hybrid offering so you are welcome to join us in person or through the wonders of technology.

***Christ-centred and Jesus-shaped***\*

(\*A Vision for the Church of England in the 2020s)

**What happens in Spiritual Formation sessions?**

* We navigate traditional pathways to God and explore ancient Christian wisdoms.
* We search out unexpected places and hidden ways to find God in our 21st century lives.
* We listen to how others have applied their faith - in work, in community and in ministry.
* We walk together sharing our journeys towards God and growing in fellowship.

**What topics are covered?**

A wide range of fresh topics is introduced each term covering contemporary issues, Christian traditions, and personal stories: anything and everything which connects our lives to God.

Some examples from the 2021-22 programme include: *Ignatian Spirituality, Quakerism, Spirituality and Special Needs* and *Critical Race Theory* from a Christian perspective.

Our speakers include ordained ministers, writers, scholars, artists, entrepreneurs, academics, psychotherapists, and business leaders.

**Who can attend?**

Anyone with a heart for the Lord Jesus Christ and a desire to discover him afresh in the busy-ness of their lives.

We positively seek to be ecumenical and welcome people from any Christian denomination, or anyone seeking to explore the truth of Christ, within and beyond the Diocese.

**How is Spiritual Formation organised?**

* A small group of those trained and experienced in the Art of Spiritual Accompaniment plan and facilitate the sessions.
* An invited speaker leads the sessions.
* Sessions are offered fortnightly, in person at Leasowes Farm, or by Zoom. This means that every session will be a hybrid one, other than our final coming together at the end of the year.
* Participants are welcome to join us for one session, but many attend several or all sessions each term.

**How are the sessions structured?**

This varies depending on how the speaker wants to engage and encourage responses, but generally along these lines.

* Stilling exercise (15 min)
* Key input from our main speaker (40 min)
* Workshop or small-group discussion (40 min) Exploring our responses and ways of integrating learning into our lives.
* Feedback (10 mins)
* Closing Prayer (10 min)

Plus notes on each topic, booklists and questions for reflection.

**What do people say about Spiritual Formation?**

***Sources of something deeper and wider: food for thought; not simply recycled ideas.***

***A shared journey where God’s presence melted into mine. This has been a lifeline.***

***Varied talks which strengthen and refresh my relationship with God. The talks help me experience things that I haven’t previously considered.***

**Dates:** **13:00 for a 13.15 start to 15.15**

**Term 1 (Autumn 2022)**

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| 22nd Sept | Spirituality In the Middle East | Su McClellan  |
| 6th Oct | Spirituality & Art/ Mathematics | Alex Kingswell  |
| 20th Oct | Thomas Traherne | Edmund Newey  |
| 3rd Nov | Feminist Spirituality | Gill Frigerio  |
| 17th Nov | Spirituality & Change | Keith Mobberley  |
| 2nd Dec | Spirituality and Study | Sue Rebis  |

**Term 2 (Winter 2023)**

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| 19th Jan | Benedictine Spirituality |  Paul Edmondson |
| 2nd Feb | Faith Journeys |  Colin and Fey Holtam |
| 16th Feb | Reflective session |  Leaders  |
| 2nd Mar | I am Loved |  Frank Critchley  |
| 16th Mar | I am Loved |  Frank Critchley  |
| 30th Mar | I am Loved |  Frank Critchley  |

**Term 3 (Spring/Summer 2023)**

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| 27th Apr | Julian of Norwich |  Nikki Moon  |
| 11th May | Hopefully: Vocation Calling |  Ellie Clack  |
| 25th May | Evelyn Underhill |  Mark Bratton  |
| 8th Jun | The ‘Art’ of Worship |  Mary Godfrey  |
| 22nd Jun | Afternoon visit to Oxford home of C S Lewis followed by a visit to his grave and Holy Communion, celebrated by Paul Edmondson, in the church where Lewis worshipped for thirty years.  |



The cost is £5.00 a session or £20.00 a term to include resources provided by the speaker and cover expenses related to any venue hire or other expenses.

If you would like further information about Spiritual Formation, or if you would like to book your place, please email us at passionatespirituality@live.co.uk