



Spiritual Formation



September 2021- July 2022



A coming together in fortnightly sessions to renew our life in Christ and grow in intimacy with God and each other.

Thursday afternoons 1.15 - 3.15pm via Zoom with at least one opportunity to meet face to face each term.

Christ-centred and Jesus-shaped*

(*A Vision for the Church of England in the 2020s)

What happens in Spiritual Formation sessions?

- We navigate traditional pathways to God and explore ancient Christian wisdoms.
- We search out unexpected places and hidden ways to find God in our 21st century lives.
- We listen to how others have applied their faith - in work, in community and in ministry.
- We walk together sharing our journeys towards God and growing in fellowship.

What topics are covered?

A wide range of fresh topics is introduced each term covering contemporary issues, Christian traditions, and personal stories: anything and everything which connects our lives to God.

Some examples from the 2020-21 programme include: *Black Lives Matter*, *Benedictine Spirituality*, *Spirituality and Business*, *Spirituality and Becoming*.

Our speakers include ordained ministers, writers, scholars, artists, entrepreneurs, psychotherapists, and business leaders.

Who can attend?

Anyone with a heart for the Lord Jesus Christ and a desire to discover him afresh in the busy-ness of their lives.

We positively seek to be ecumenical and welcome people from any Christian denomination, or anyone seeking to explore the truth of Christ, within and beyond the Diocese.

How is Spiritual Formation organised?

- A small group of those trained and experienced in the Art of Spiritual Accompaniment plan and facilitates the sessions.
- An invited speaker leads the sessions.
- Sessions are offered fortnightly via Zoom with one or two coming together meetings each term.
- Participants are welcome to join us for one session, but many attend several or all of the sessions each term.


How are the sessions structured?

This varies depending on how the speaker wants to engage and encourage responses, but generally along these lines.

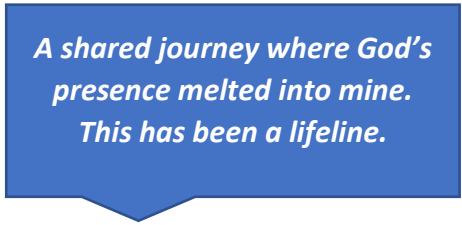
- Stilling exercise (15 min)
- Key input from our main speaker (40 min)
- Workshop or small-group discussion (40 min) Exploring our responses and ways of integrating learning into our lives.
- Feedback (10 mins)
- Closing Prayer (10 min)

Plus notes on each topic, booklists and questions for reflection.

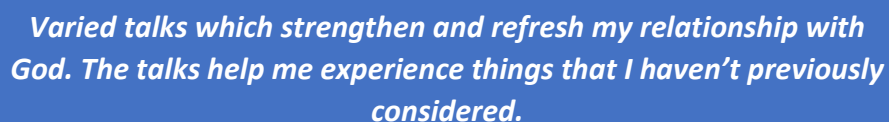
What do people say about Spiritual Formation?



Sources of something deeper and wider: food for thought; not simply recycled ideas.



A shared journey where God's presence melted into mine. This has been a lifeline.



Varied talks which strengthen and refresh my relationship with God. The talks help me experience things that I haven't previously considered.

Dates:**13:00 for a 13.15 start to 15.15****Term 1 (Autumn 2021)**

| | | | |
|-----------------------|--------------------------------|-----------------|-----------------|
| 9 th Sept | Iconography | Susan Mobberley | Zoom |
| 23 rd Sept | Spirituality & Study | Sue Rebis | Coming together |
| 7 th Oct | Meditation and Centring | Craig Grocock | Zoom |
| 21 st Oct | Spirituality & Study 2 | Sue Rebis | Zoom |
| 4 th Nov | Experiencing Faith in Dementia | Tricia Williams | Zoom |
| 18 th Nov | Godly Play | tbc | Coming together |
| 2 nd Dec | Spirituality and Special Needs | Roy McCloughry | Zoom |

Term 2 (Winter 2022)

| | | | |
|----------------------|--|-----------------|-----------------|
| 20 th Jan | Growing Faith | Anna Naish | Zoom |
| 3 rd Feb | Spirituality and Change | Keith Mobberley | Coming together |
| 17 th Feb | Spirituality and Healing | Linda Stalley | Zoom |
| 3 rd Mar | C. S. Lewis | Paul Edmondson | Zoom |
| 17 th Mar | Spirituality and Music | Sue Field | Coming together |
| 31 st Mar | Spiritual Direction and the Ignation Tradition | Joanne Adams | Zoom |

Term 3 (Spring/Summer 2022) (nb some sessions still to be finalised and dates may be swapped)

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|---|--|--------------------|-----------------|
| 28 th Apr | Quakerism | James Pavitt | Zoom |
| 12 th May | Spirituality and Education | Alison Farnell | Coming together |
| 26 th May | Spirituality & Difference | Emma Crick de Boom | Zoom |
| 9 th Jun | A Christian Perspective on Critical Race Theory | Rosalyn Murphy | Zoom |
| Tuesday 21 st June | Visit Sandham Memorial Chapel (near Newbury). Guided tour of Spencer's paintings followed by a Poetry Mass led by Rev. Paul Edmondson | | Coming together |
| 7 th Jul | Savouring the Graces | Shared | Zoom |


 Find Out More Here!

The cost is £5.00 a session or £20.00 a term to include resources provided by the speaker and cover expenses related to any venue hire or other expenses.

The costs for entry and travel to Sandham Memorial Chapel are additional but subsidies will be available.

If you would like further information about Spiritual Formation, or if you would like to book your place, please email us at passionatespirituality@live.co.uk